

Dr. Paul T.P. Wong: A stalwart, a warrior, an inspiration

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As I start to pen down my contribution to the Festschrift for Dr. Paul Wong, I am overwhelmed with feelings of awe, respect, and gratitude. It is difficult to put together so many feelings in few words but I will try my best. I became aware of Dr. Paul's extensive academic work through his social media posts which are both engaging and enlightening. I began reading more about his work, and the more I read about his work and his life, I found it to be truly inspirational. I did not have the good fortune of being his student, however I can proudly call him my mentor because he has always provided me with wonderful opportunities, appreciated my work and encouraged me to achieve more. He has impacted my academic work and understanding in a significant way, most importantly through his work on existential positive psychology. His emphasis on shifting our focus from happiness to explore the depths of suffering to understand the true meaning of life is one of the most outstanding of his contributions. He is an intellectual whose large body of academic work across decades will always motivate scholars and stimulate research. He is a fearless warrior who has endured so many struggles in his life and emerged a winner, and with his unbreakable spirit will always inspire and encourage those at the margins. Stalwarts like Dr. Wong are rare and I feel truly blessed to have known him. I feel his work should receive wider audience and appreciation. I wish good health and happiness to Sir and I hope he keeps on spreading his knowledge and wisdom to the world with his cheerful smile for years to come.