

Suffering Measure during COVID-19 (SMCOVID-19)¹

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To what extent you are suffering from the following? Please indicate how much you are suffering by circling a number on the 5-point scale, from 1 (not at all), to 5 (great deal) which best describes your experience.

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|---------------------------------------|---|---|---|---|---|
| 1. The spread of COVID-19. | 1 | 2 | 3 | 4 | 5 |
| 2. Poor physical health condition. | 1 | 2 | 3 | 4 | 5 |
| 3. Poor mental health condition. | 1 | 2 | 3 | 4 | 5 |
| 4. Poor personal financial condition. | 1 | 2 | 3 | 4 | 5 |
| 5. Social isolation. | 1 | 2 | 3 | 4 | 5 |
| 6. Disruption of daily routines. | 1 | 2 | 3 | 4 | 5 |
| 7. Disruption of personal goals. | 1 | 2 | 3 | 4 | 5 |
| 8. Interpersonal conflicts. | 1 | 2 | 3 | 4 | 5 |
| 9. Discrimination or oppression. | 1 | 2 | 3 | 4 | 5 |
| 10. Toxic political climate. | 1 | 2 | 3 | 4 | 5 |