# Measurement and Scales Scoring Keys 

(In order of appearance)

## Personal Meaningful Profile-Brief (p. 26)

Please indicate the score you circled for the indicated question number in the cells below. Add up the scores in each row.

| Subscale | Score | Score | Score | Row Total |
| :---: | :---: | :---: | :---: | :---: |
| Achievement | $(\mathrm{Q} 5)$ | $(\mathrm{Q})$ | $(\mathrm{Q})$ |  |
| Relationship | $(\mathrm{Q} 7)$ | $(\mathrm{Q})$ | $(\mathrm{Q})$ |  |
| Religion | $(\mathrm{Q} 4)$ | $(\mathrm{Q} 9)$ | $(\mathrm{Q} 18)$ |  |
| Self-transcendence | $(\mathrm{Q} 1)$ | $(\mathrm{Q} 3)$ | $(\mathrm{Q} 17)$ |  |
| Self-acceptance | $(\mathrm{Q} 11)$ | $(\mathrm{Q} 15)$ | $(\mathrm{Q} 21)$ |  |
| Intimacy | $(\mathrm{Q} 2)$ | $(\mathrm{Q} 12)$ | $(\mathrm{Q} 14)$ |  |
| Fair treatment | $(\mathrm{Q} 10)$ | $(\mathrm{Q} 19)$ | $(\mathrm{Q} 20)$ |  |

Life Attitude Scale (p. 55)

4 = Strongly Agree
3 = Agree
$2=$ Disagree
$1=$ Strongly Disagree
Note: Global LAS score is calculated by adding all responses. Subscale scores are calculated by adding responses to items corresponding to the subscales.

Elements (Subscales): Items:

| Affirmation of meaning and value: | 18 | 24 | 26 | 27 |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Acceptance: | 7 | 9 | 13 | 17 | 22 |  |  |  |  |  |  |
| Courage: | 6 | 20 | 28 | 30 |  |  |  |  |  |  |  |
| Faith: | 1 | 3 | 5 | 8 | 10 | 14 | 15 | 16 | 23 | 29 | 31 |
| Self-transcendence: | 2 | 4 | 11 | 12 | 19 | 21 | 25 | 32 |  |  |  |

## Responsibility Scale (p. 61)

Self Responsibility (4 items): $\quad 1,2,4,6$
Accountability to others (4 items): $3,5,7,8$

## Existential Gratitude Scale (p. 67)

Items 3,5, and 7 need to be reverse coded before calculating a mean score for Existential Gratitude

## Personal Meaning Profile (p. 74)

Achievement (16 items): 6, 7, 8, 9, 12, 13, 21, 24, 25, 26, 29, 34, 40, 44, 47, 48
Relationship (9 items): 10, 18, 27, 28, 32, 41, 42, 45, 50
Religion (9 items): 3, 5, 19, 20, 22, 33, 51, 52, 54
Self-transcendence (8 items): 2, 15, 23, 30, 31, 39, 49, 53
Self-acceptance (6 items): 4, 16, 36, 37, 46, 57
Intimacy (5 items): 1, 11, 17, 38, 43
Fair treatment (4 items): 14, 35, 55, 56

## Search for Meaning Scale (p. 77)



## Coping Schemas Inventory-Revised (p. 81)

Situational (8 items):
$2,5,11,23,29,37,50,61$
Self-Restructuring (8 items): $\quad 9,20,21,48,53,57,58,63$
Active Emotional (8 items): $\quad 4,13,17,26,38,51,60,67$
Passive Emotional (12 items): $\quad 3,8,16,18,30,31,32,34,39,41,49,64$
Meaning (4 items):
36, 59, 66, 69
Acceptance (9 items):
$10,12,14,15,24,33,40,56,62$
Religious (9 items):
$6,7,28,35,42,45,54,65,68$
Social Support (6 items):
$1,22,44,52,55,72$
Tension Reduction (8 items):
$19,25,27,43,46,47,70,71$

## CasMac Measure of Character (p. 91)

1. Courage (CG) (4 items): $1,2,3,4$
2. Acceptance (AC) (4 items): $5,6,7,8$
3. Self-Transcendence (ST) (4 items): $9,10,11,12$
4. Meaning (MG) (4 items): $13,14,15,16$
5. Appreciation (AP) (4 items): $17,18,19,20$
6. Compassion (CM) (4 items): 21, 22, 23, 24
