

The Best Resilience Quotes to Fight COVID-19

"Whatever does not kill me makes me stronger."

(Friedrich Nietzsche)

"He who has a why to live can bear almost any how."

(Friedrich Nietzsche)

**"Although the world is full of suffering,
it is also full of the overcoming of it."**

(Helen Keller)

**"Everything can be taken from a man but...
the last of the human freedoms—to choose one's
attitude in any given set of circumstances."**

(Viktor E. Frankl)

**"Hardships often prepare
ordinary people for an extraordinary destiny."**

(C.S. Lewis)

**"Do not judge me by my success. Judge me
by how many times I fell down and got back up again."**

(Nelson Mandela)

**"Rock bottom became the solid foundation
in which I rebuilt my life."**

(J. K. Rowling)

**"Every morning we are born again.
What we do today is what matters most."**

(Buddha)

**"Rejoicing in hope, patient in tribulation,
continuing steadfastly in prayer."**

(Romans 12:12, NKJV)

**"Have I not commanded you? Be strong and courageous.
Do not be afraid; do not be discouraged,
for the Lord your God will be with you wherever you go."**

(Joshua 1:9 NIV)