

True Grit Checklist (TGC)

© P. T. P. Wong, 2014

Please respond to the following statements by circling “Yes” or “No.”

- | | | | |
|-----|---|-----|----|
| 1. | Are you willing to defy authority in order to stand up for what is right? | Yes | No |
| 2. | Have you ever risked inconvenience or danger in order to help others? | Yes | No |
| 3. | Have you ever overcome obstacles and oppositions to pursue a worthy goal? | Yes | No |
| 4. | Have you ever taken on a task in spite of fear of failure and opposition? | Yes | No |
| 5. | Are you willing to endure hardships and setbacks in order to accomplish your life goal? | Yes | No |
| 6. | Are you willing to risk rejection in order to be true to your core value or belief? | Yes | No |
| 7. | Have you ever suffered because you chose principle over expediency? | Yes | No |
| 8. | Have you ever endured great difficulties and adversities in completing a big project? | Yes | No |
| 9. | Do you have something that is bigger than personal success and worth dying for? | Yes | No |
| 10. | Have you ever accomplished anything that initially seemed impossible? | Yes | No |

Scale published in Wong, P. T. P. (2017, August 30). Reflections on my psychology career: Where I came from, and where I am going (Autobiography, Ch. 24). *Dr. Paul T. P. Wong*. Retrieved from <http://www.drpaulwong.com/reflections-on-my-psychology-career/>