Perceived Personal Meaning (PPM)

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	1	2	2 3		5		7		8			9			
Strongly Disagree		Moderately Disagree			Undecided		Moderatel Agree	y				Strongly Agree			
1.	My life	e as a w	hole has mean	ing.			1	1 2	3	4	5	6	7	8 9	
2.	I am ab pursuit	-	pend most of m	y time	in meaningful a	activitie	es and	1 2	3	4	5	6	7	8 9	
3.	I led a	meanin	gful life in the	past.			1	1 2	3	4	5	6	7	8 9	
4. My entire existence is full of meaning.								1 2	3	4	5	6	7	8 9	
5. At present, I find my life very meaningful.								1 2	3	4	5	6	7	8 9	
6.	I look f	forward	l to a meaningf	ul life i	n the future.]	1 2	3	4	5	6	7	8 9	
7.	I derive	e a grea	at deal of person	nal mea	aning from my	past life	e. 1	1 2	3	4	5	6	7	8 9	
8.	I derive	_	at deal of person	nal mea	aning from my	future	1	1 2	3	4	5	6	7	8 9	

Reference: Wong, P. T. P. (1998). <u>Implicit theories of meaningful life and the development of the personal meaning profile</u>. In P. T. P. Wong, & P. S. Fry (Eds.), *The human quest for meaning: A handbook of psychological research and clinical applications* (pp. 111-140). Mahwah, NJ: Erlbaum. (Appendix B)