

Death Attitude Profile - Revised (DAP-R)

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Age: _____

Sex: M F

This questionnaire contains a number of statements related to different attitudes towards death. Read each statement carefully, then indicate the extent to which you agree or disagree. For example, an item might read: "Death is a friend." You would indicate how well you agree or disagree by using one of the following scales:

SA	A	MA	U	MD	D	SD
Strongly Agree	Agree	Moderately Agree	Undecided	Moderately Disagree	Disagree	Strongly Disagree
<i>OR</i>						
SD	D	MD	U	MA	A	SA
Strongly Disagree	Disagree	Moderately Disagree	Undecided	Moderately Agree	Agree	Strongly Agree

In either case, if you strongly agreed with the statement, you would circle "SA". If you strongly disagreed, you would circle "SD". If you are "Undecided", you may circle "U". However, try to use the "Undecided" category sparingly.

It is important that you work through the statements and answer each one. Many of the statements will seem alike, but all are necessary to show slight differences in attitudes.

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|---|-------------------|
| 1. Death is no doubt a grim experience. | SD D MD U MA A SA |
| 2. The prospect of my own death arouses anxiety in me. | SA A MA U MD D SD |
| 3. I avoid death thoughts at all costs. | SA A MA U MD D SD |
| 4. I believe that I will be in heaven after I die | SD D MD U MA A SA |
| 5. Death will bring an end to all my troubles | SD D MD U MA A SA |
| 6. Death should be viewed as a natural undeniable, and unavoidable event. | SA A MA U MD D SD |
| 7. I am disturbed by the finality of death. | SA A MA U MD D SD |
| 8. Death is an entrance to a place of ultimate satisfaction. | SD D MD U MA A SA |
| 9. Death provides an escape from this terrible world. | SA A MA U MD D SD |
| 10. Whenever the thought of death enters my mind, I try to push it away. | SD D MD U MA A SA |
| 11. Death is deliverance from pain and suffering. | SD D MD U MA A SA |

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|--|-------------------|
| 12. I always try not to think about death. | SA A MA U MD D SD |
| 13. I believe that heaven will be a much better place than this world. | SA A MA U MD D SD |
| 14. Death is a natural aspect of life. | SA A MA U MD D SD |
| 15. Death is a union with God and eternal bliss. | SD D MD U MA A SA |
| 16. Death brings a promise of a new and glorious life. | SA A MA U MD D SD |
| 17. I would neither fear death nor welcome it. | SA A MA U MD D SD |
| 18. I have an intense fear of death. | SD D MD U MA A SA |
| 19. I avoid thinking about death altogether. | SD D MD U MA A SA |
| 20. The subject of life after death troubles me greatly. | SA A MA U MD D SD |
| 21. The fact that death will mean the end of everything as I know it frightens me. | SA A MA U MD D SD |
| 22. I look forward to a reunion with my loved ones after I die. | SD D MD U MA A SA |
| 23. I view death as a relief from earthly suffering. | SA A MA U MD D SD |
| 24. Death is simply a part of the process of life. | SA A MA U MD D SD |
| 25. I see death as a passage to an eternal and blessed place. | SA A MA U MD D SD |
| 26. I try to have nothing to do with the subject of death. | SD D MD U MA A SA |
| 27. Death offers a wonderful release of the soul. | SD D MD U MA A SA |
| 28. One thing that gives me comfort in facing death is my belief in the afterlife. | SD D MD U MA A SA |
| 29. I see death as a relief from the burden of this life. | SD D MD U MA A SA |
| 30. Death is neither good nor bad. | SA A MA U MD D SD |
| 31. I look forward to a life after death. | SA A MA U MD D SD |
| 32. The uncertainty of not knowing what happens after death worries me. | SD D MD U MA A SA |

Death Attitude Profile-Revised (DAP-R): Scoring Key

DAP-R Dimension Items

<u>Fear of Death (7 items)</u>	1, 2, 7, 18, 20, 21, and 32
<u>Death Avoidance (5 items)</u>	3, 10, 12, 19, and 26
<u>Neutral Acceptance (5 items)</u>	6, 14, 17, 24, and 30
<u>Approach Acceptance (10 items)</u>	4, 8, 13, 15, 16, 22, 25, 27, 28, and 31
<u>Escape Acceptance (5 items)</u>	5, 9, 11, 23, and 29

Scores for all items are from 1 to 7 in the direction of strongly disagree (1) to strongly agree (7). For each DAP-R dimension, a mean scale score can be computed by dividing the total scale score by the number of items comprising each scale.

For further information on the theoretical rationale and the psychometric properties of the scale, consult the following source:

Wong, P. T. P., Reker, G. T., & Gesser, G. (1994). [Death Attitude Profile – Revised: A multidimensional measure of attitudes toward death](#) (DAP-R). In R. A. Neimeyer (Ed.), *Death anxiety handbook: Research, instrumentation, and application* (pp. 121-148). Washington, DC: Taylor & Francis.

For information on the original DAP, consult the following source:

Gesser, G., Wong, P. T. P., & Reker, G. T. (1987-88). Death attitudes across the life span: The development and validation of the Death Attitude Profile (DAP). *Omega*, 18, 113-128.